

## WHAT IS ELDER ABUSE?

Elder abuse is:

- ANY act by any person caring for you that causes harm or serious risk of harm
- **Physical abuse**—inflicting pain or injury or depriving you of a basic need such as food, medicine or assistance (such as help going to the bathroom).
- **Emotional abuse**—inflicting mental pain or anguish through words or actions.
- **Sexual abuse**—sexual contact of any kind that you do not consent to.
- **Exploitation**—taking, misusing or concealing your money, property or personal items.
- **Neglect**—Refusal or failure of a responsible person to provide food, shelter, health care or protection for you. This is the most typical type of elder abuse
- **Abandonment**—when a caregiver or responsible person deserts a vulnerable or elderly person

## WHAT ARE THE SIGNS OF ELDER ABUSE?

Sometimes one sign does not mean that elder abuse is taking place. However, here are some signs that may indicate a problem.

- ◇ Bruises, pressure marks, broken bones, abrasions, and burns may be an indication of abuse. Injuries where the explanation doesn't make sense
- ◇ Unexplained withdrawal from normal activities
- ◇ Unusual depression
- ◇ Bruises around the breasts or genital area
- ◇ Sudden negative changes in the financial situation
- ◇ Bedsores, unattended medical needs, poor hygiene and unusual weight loss
- ◇ Threats, excessive arguing, and control by spouses or family members



City Life Inc.  
1648 N Washington  
Ste 104  
Emmett ID 83617  
208.365.1615  
208.870.5532

## WHO ABUSES THE ELDERLY?

The typical abuser is a family member.—the spouse or children.

Next come caregivers.

Women are abused more than men.

Men & women abuse their elderly family members or spouses.

WHAT SHOULD YOU DO  
IF YOU  
OR SOMEONE YOU KNOW  
IS BEING ABUSED?

CALL 911 FOR HELP

CALL *City Life*

365-1615 or 870-5532

We will help you.

## ELDER ABUSE IS A CRIME

In Idaho, it is a crime to abuse, neglect or exploit a vulnerable adult. (Idaho Code 18-505).

If you are a victim, call the Police or Sheriff or call City Life or dial 911 and ask for help.

Emmett Police 365-6055

County Sheriff 365-3521

*City Life* 365-1615

Adult Protective Services  
322-7033

Your Elderly  
Friend or relative  
Should be:

*Living with Purpose & Dignity*

[www.citylifeinc.com](http://www.citylifeinc.com)

Elder abuse  
In domestic settings—  
Your own home or apartment—  
Is a serious problem  
Affecting hundreds of thousands  
Of elderly people  
Across America.  
The problem is largely hidden  
Under the shroud of  
Family secrecy.

YOU CAN  
HELP US  
CHANGE THIS  
BY BEING  
A VOICE  
FOR THOSE  
WHO HAVE BEEN  
SILENCED  
BY ABUSE.

Please—if you know of an  
Elderly person who is the victim of  
Physical, sexual, emotional, financial or mate-  
rial abuse and neglect, call  
CITY LIFE now.

**365-1615** or  
**870-5532 (24 hours a day)**

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Emmett ID 83617

# Elder Abuse

**What You  
Need To Know**



If you  
Or someone you know  
Is being abused  
Call *City Life*  
**208.365.1615**  
We are advocates  
We will help you

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